Exercise 1

Instructions for Students: Listen carefully as your teacher reads out a word from each row. Circle the word you hear. Pay close attention to the pronunciation as the words in each row sound similar but are not the same.

| | Word 1 | Word 2 | Word 3 |
|----|-----------|---------|---------|
| 1 | active | actor | attic |
| 2 | cardio | cards | carbs |
| 3 | wellness | well | will |
| 4 | stamina | stammer | stamen |
| 5 | calories | gallery | galore |
| 6 | routine | route | rude |
| 7 | strength | string | strung |
| 8 | muscle | mussel | muzzle |
| 9 | aerobic | eero | aero |
| 10 | endorphin | endorse | end |
| 11 | agility | ability | utility |
| 12 | feed | fit | feet |

Exercise 2

| | Word 1 | Word 2 | Word 3 |
|----|-------------|------------|----------|
| 1 | muscles | muzzles | missiles |
| 2 | faster | pasture | plaster |
| 3 | racing | tracing | lacing |
| 4 | concentrate | congregate | concert |
| 5 | protect | project | protract |
| 6 | exciting | inciting | exiting |
| 7 | coach | couch | roach |
| 8 | hawkeye | jockey | hockey |
| 9 | stress | stressed | stretch |
| 10 | active | actor | activate |
| 11 | mood | moon | moot |
| 12 | stance | chance | stands |

Exercise 1

Teacher's List:

- 1. active
- 2. cards
- 3. will
- 4. stamina
- 5. galore
- 6. route
- 7. string
- 8. muzzle
- 9. aero
- 10. endorphin
- 11. ability
- 12. feet

Exercise 1

Teacher's List:

- 1. missiles
- 2. plaster
- 3. racing
- 4. congregate
- 5. protract
- 6. exiting
- 7. roach
- 8. hawkeye
- 9. stretch
- 10. activate
- 11. moon
- 12. stance