

## Personality adjectives questionnaire

## Section 1: Open-ended "Wh" and "H" Questions

1. **When have you felt hopeful about something, and why?**
  - 1: "I felt hopeful when I applied for my new job because I had all the right qualifications."
  - 2: "I was hopeful last year when my favorite team made it to the finals."
  - Follow-up: How did the situation turn out?
2. **What is the most ridiculous thing you have ever seen or heard, and why did you think so?**
  - 1: "The most ridiculous thing I've seen was a dog riding a skateboard. It was so unexpected!"
  - 2: "I heard someone say that the Earth is flat, which I find completely ridiculous."
  - Follow-up: How did you react to it?
3. **How confident do you feel when speaking English, and what influences your confidence?**
  - 1: "I feel quite confident because I practice a lot with my friends."
  - 2: "I'm not very confident, as I'm still learning and often make mistakes."
  - Follow-up: What could help you feel more confident?
4. **Why do you sometimes feel undecided, and how do you eventually make a decision?**
  - 1: "I feel undecided when I have too many options, but I usually make a list of pros and cons."
  - 2: "I'm undecided when I lack information, so I do some research to help me decide."
  - Follow-up: What was the last decision you struggled with?
5. **What situations make you feel afraid, and how do you cope with that fear?**
  - 1: "I'm afraid of heights, so I avoid looking down when I'm high up."
  - 2: "I feel afraid during storms, but staying inside and listening to music helps."
  - Follow-up: Have you ever overcome a fear?
6. **How forgetful are you in daily life, and what things do you most often forget?**
  - 1: "I'm quite forgetful; I often forget where I put my keys."
  - 2: "I sometimes forget appointments, so I keep a planner."
  - Follow-up: What tricks do you use to remember things?
7. **When have you felt proud of yourself, and what caused this feeling?**
  - 1: "I felt proud when I completed my first 5km run. It was a big achievement for me."
  - 2: "I was proud when I got a good grade on a difficult exam."
  - Follow-up: How do you celebrate such achievements?
8. **Can you describe a time when you were genuinely surprised, and what was it about?**
  - 1: "I was surprised when my friends threw me a surprise birthday party."
  - 2: "I was surprised to find out I had won a small lottery prize."
  - Follow-up: How do you usually react to surprises?
9. **How do you stay focused when working or studying, especially during distractions?**
  - 1: "I stay focused by working in a quiet room and turning off my phone."
  - 2: "I take short breaks to avoid feeling overwhelmed."
  - Follow-up: What distracts you the most?
10. **Have you ever encountered an aggressive person, and how did you handle the situation?**
  - 1: "Yes, I met an aggressive shopper once. I stayed calm and didn't argue back."
  - 2: "I dealt with an aggressive driver by not engaging and keeping a safe distance."
  - Follow-up: What would you do differently in a similar situation in the future?

