

Hybrid work language exercises

Exercise 1: Introductory Questions:

1. What is hybrid work?
 - a. Working only from the office
 - b. Working only from home
 - c. A combination of working from home and the office
2. Which factor has contributed significantly to the rise of hybrid work?
 - a. Technological advancements
 - b. Decreased productivity
 - c. Increased office space
3. What is a common benefit of hybrid work?
 - a. Longer commutes
 - b. Flexible scheduling
 - c. More office meetings
4. What challenge can hybrid workers face?
 - a. Too much travel
 - b. Difficulty in work-life balance
 - c. Lack of technology
5. How can hybrid work impact employee relationships?
 - a. By increasing face-to-face interactions
 - b. By decreasing the need for teamwork
 - c. By limiting in-person interactions
6. What role does technology play in hybrid work?
 - a. Minimal impact
 - b. Replaces all in-person communication
 - c. Facilitates remote collaboration
7. How might hybrid work affect employee stress levels?
 - a. Increase due to uncertainty
 - b. Decrease as there's no work
 - c. Remain unchanged
8. What can be a downside of working from home in a hybrid model?
 - a. Too many distractions
 - b. Inability to use technology
 - c. Too much physical activity
9. How might management need to adapt in a hybrid work environment?
 - a. By reducing team sizes
 - b. By enhancing communication and support
 - c. By eliminating remote work
10. What could be an impact of a hybrid work model on work routines?
 - a. More predictable
 - b. Less structured
 - c. Unchanged

Use the word bank for the 2 exercises below.

creativity - stress - hybrid - office - remote technology - employees
 management- scheduling - collaboration – culture - productivity - levels
 satisfaction - surveys - innovation – flexibility – model – commute - relationships

Exercise 2: Collocation Practice: Choose one of the three words in brackets.

1. Hybrid _____ (office, technology, model)
2. Remote _____ (stress, collaboration,creativity)
3. Stress _____ (levels, routine, satisfaction)
4. Flexible _____ (relationships, technology, scheduling)
5. Work _____ (commute, relationships, office)

Exercise 3: Conversation Gap Fill:

1. "I find that _____ (from the word bank) allows me to balance work and personal life better."
2. "Sometimes, the lack of direct _____ with colleagues makes me feel isolated."
3. "I use various _____ tools to stay connected with my team."
4. "My _____ has reduced since I started hybrid working as I only come to the office 3 days a week."
5. "I think proper _____ is key to making hybrid work effective."
6. "I feel my job _____ has improved, but I miss the office environment sometimes."

Exercise 4: Ranking Exercise:

Rank the following statements from most to least beneficial aspect of hybrid work. Explain why the first ranked item is the most beneficial.

- ___ "Flexible work hours allow for a better work-life balance."
- ___ "Less time and money spent on commuting."
- ___ "The opportunity to work in a comfortable home environment."
- ___ "Reduced office distractions."
- ___ "Increased independence and self-management."
- ___ "Potential to improve digital skills."

The most beneficial aspect of hybrid work is _____ because _____
 _____.

Exercise 5 : Classifying Exercise:

Classify the following items based on their relevance to hybrid work: very relevant, somewhat relevant, not relevant.

- improved work-life balance / technology dependence / reduced office expenses
- communication barriers/ personalized work environment / feeling of isolation
- flexibility in work location/ difficulty in monitoring productivity

Advantages of Hybrid Work	Challenges of Hybrid Work

Exercise 7: Sentence Starter Exercise

Complete the following sentences about hybrid work with your own ideas.

1. One thing I appreciate about hybrid work is _____.
2. To make hybrid work effective, companies should _____.
3. My ideal hybrid work schedule would be _____.